

## **Phillip Island Bicycle User Group**

### **RIDES – Phillip Island**

**Reminder – all on Island rides start at A MAZE’N THINGS at 10.00am on a Wednesday.**

- 1 Tour of Cowes West - Road bike – Approx. distance 21 kms**  
Right onto bike path. Right onto Back Beach Road. Right at Gap Road. Left Ventnor Beach Road. Left at Ventnor Road. Right Grossard Point Road to Ventnor. Right into Harris. Left into Lyall Road. Right into Anchorage Road. Left into Ventnor Road. Left into Red Rocks Road. Right into Settlement Road. Left into Justice Road. Right into Church Street and to Cowes where there is an abundance of coffee shops. Return to A MAZE’N THINGS from Cowes along the bike path.
- 2 Tour of Newhaven – Road bike – Approx. distance 22 kms.**  
Turn right onto the bike path that runs beside Phillip Island Tourist Road to the roundabout at Newhaven. Left into Boys Home Road. Right into Forrest Avenue and follow to Newhaven shops and the bakery for coffee. For return ride to A MAZE’N THINGS follow same route in reverse.

**An alternative route to the above for those wanting a longer and all road ride. Left onto the Phillip Island Tourist Road. Right onto Coghlan Road. Right onto Cowes-Rhyll Road. Right onto Rhyll-Newhaven Road. Left onto the Phillip Island Tourist Road to Newhaven. Then Boys Home Road and Forrest Road to the bakery. Return to A MAZE’N THINGS via the same route in reverse. Approx. distance 35 kms.**

- 3 Nobbies – Road bike – Approx. distance 30 kms**  
Left onto the Phillip Island Tourist Road or bike path. Left onto Gap Road. Right onto Ventnor Beach Road. Left onto Ventnor Road and follow to Nobbies café for coffee. To return to A MAZE’N THINGS follow same route in reverse. Or right onto Back Beach Road and back to A MAZE’N THINGS.

- 4 Woolamai Estate Tour – Road bike – Approx. distance 30kms**  
Turn right onto the bike path. Follow to Woolamai Beach Road. Then do a circuit of Woolamai. Right into Lantana. Left into Milton Street. Right into Tampa Road. Left in Beresford Drive. Right into Second Ave. Left into Princeton Ave. Right into Woolamai Beach Road. Left into The Cranny. Right into Vista Drive. Left into The Boulevard. Left into the Esplanade. Left into Bridgeview. Left into Pinedale Ave. Right into Vista Drive. Right onto Woolamai Beach Road. Left onto the bike path to the Vietnam Veterans Museum for coffee. There are also coffee shops at Woolamai or further on at Newhaven.  
Return to A MAZE'N THINGS along the bike path.

An alternative route to the above for those wanting a longer and all road ride. Left onto the Phillip Island Tourist Road. Right onto Coghlan Road. Right onto Cowes-Rhyll Road. Right onto Rhyll-Newhaven Road. Left onto the Phillip Island Tourist Road. Right onto Woolamai Beach Road and follow the above route. Approx. 40 kms.

- 5 Rhyll Circuit – Road bike – Approx. distance 20 kms**  
Right along the bike path. Turn left at Rhyll-Newhaven road. Cross over Cowes-Rhyll Road onto Reid Street and follow along down the hill and into Rhyll. Follow the foreshore road around. Turn right into Walton Street. Cross over Lock Road. Left into Reid Street again. Right onto the Cowes-Rhyll Road. Right onto Coghlan Road. Left into Settlement Road. Right into Dunsmore Road. Left into Church Street and follow into Cowes where there is an abundance of coffee shops. Follow the bike path from Cowes back to A MAZE'N THINGS.
- 6 Smiths' Beach Circuit – Road bike – Approx. distance 20 kms**  
Left onto the bike path. Right into Coghlan Road. Left into Cowes-Rhyll Road. Over Phillip Island Tourist Road it becomes Ventnor Road. Left into Berry's Beach Road. Turn left onto Back Beach Road and continue to YCW turnoff. Right into Beachcomber Avenue follow to YCW Beach. Leave the beach via Beachcomber Avenue. Right into Marlin Street. Follow to Smith Beach Store for coffee. To return to A MAZE'N THINGS. Turn left into Marlin Street. Right into Dolphin Street. Turn right onto the bike path.

- 7 Woolamai Surf Club via Rhyll – Road bike – Approx. distance 30 kms**  
Left onto the bike path. Right at Coghlan Road. Right at Cowes-Rhyll Road. Follow to Lock Road and Down the hill into Rhyll. Right at Beach Street. Right into Walton Street. Left into Lock Road and up the hill. Left into Rhyll-Newhaven Road. Left onto Phillip Island Road or take the bike path. Right at Woolamai Beach Road to the end of the road and arrive at the Surf Club. Retrace route for coffee at Vietnam Veterans Museum, Woolamai shops or further on at Newhaven. To return to A MAZE'N THINGS take the Phillip Island Tourist Road or the bike path.
- 8 Tour of Ventnor – Road bike – Approx. distance 22 km**  
Left onto the bike path or Phillip Island Road. Left onto Gap Road. Then do a circuit of Wimbledon Heights. Right into Laver Drive. Left into Bowman Road. Which follows into Kramer Rise. Left into Wimbledon Road. Right onto Ventnor Beach Road. Left at Ventnor Road. Right at Grossard Point Road. Right into Harris Street. Right into Ventnor Beach Road. Left at Lyall Street. Right into Anchorage Road. Left into Ventnor Road. Left into Red Rocks Road. Right into Settlement Road. Left into Justice Road. Right into Church Street. Follow through to an abundance of coffee shops in Cowes. To return to A MAZE'N THINGS either follow Phillip Island Tourist Road or the bike path.
- 9 Tour of San Remo – Road bike – Approx. distance 25 kms**  
Right onto the bike path or Phillip Island Tourist Road and follow over the bridge and off the Island into Sam Remo. Right onto Marine Parade. Left into Woolamai Grove. Left into Banksia Road. Right into Park Road and follow around. Right into Mary Grove. Right into Bergin Grove. Left into Thomas Grove and follow around into Ocean Grove. Left into Shetland Heights Road. Up the hill then left into Panorama Drive. Left into Genista Street. Right into Back Beach Road. Left into Marine Parade for the coffee shops. To return to A MAZE'N THINGS go back over the bridge and follow the bike path or Phillip Island Tourist Road.

- 10 Churchill Island – Off road bike – Approx. distance 22 kms**  
Right on the bike path and follow to the turn off to Churchill Island. Turn into the entrance road. Follow the entrance Road and cross the bridge onto Churchill Island. You are now on a gravel surface. At the first cattle grid you will see a path that runs off on your left side. Take the left path and follow around island and you will see the Churchill Island Complex up the hill on your right where there is a cafe. Take the path that leads up toward the café for coffee. Take care on the path as it is also used by walkers and runners and is narrow in places. The path circumnavigates the Island which is heritage farm, and a nature park. To return to A MAZE’N THINGS get back onto the Churchill Island Road and follow to Phillip Island Tourist Road. Turn right back onto the bike path.
- 11 Berrys Beach – Road bike – Approx. 25 kms**  
Turn left onto bike path or Phillip Island Tourist Road. Left onto Ventnor Road. Left onto Berrys Beach Road. Go straight through the roundabout up Prices Hill to Back Beach Road. Cross straight over Back Beach Road still on Berrys Beach Road to the end of the road car park. Then retrace the route on Berrys Beach Road. Turn right onto Back Beach Road. The Race Track or Smiths Beach Store for coffee. To return to A MAZE’N THINGS from Smiths Beach Store. Right at Marlin Street. Left at Dolphin Street. Right at Back Beach Road. Left on Phillip Island Tourist Road.
- From the Race Track. Right on Back Beach Road. Left on Phillip Island Tourist Road.
- 12 Kitty Miller Bay – Road bike – Approx. 30 kms**  
Turn left on the bike path or Phillip Island Tourist Road. Left into Gap Road. Right into Ventnor Beach Road. Left onto Ventnor Road. Left onto Kitty Miller Bay Road. Cross over Back Beach Road still on Kitty Miller Bay Road to the end of the road car park. Return to Back Beach Road. Right onto Back Beach Road for coffee at the Race Track or Smiths Beach Store. To return to A MAZE’N THINGS from Smiths Beach Store. Right into Marlin Street. Left into Dolphin Street. Right onto the bike path or Phillip Island Tourist Road. From the race track, turn right onto Back Beach Road. Left onto Phillip Island Tourist Road.

- 13 Pyramid Rock – Off Road Bike – Approx. distance 22 kms**  
Left onto bike path or Phillip Island Tourist Road. Left onto Ventnor Road. Left onto Pyramid Rock Road. This is a gravel road. It has a good firm surface. Might be best avoided if it is wet. Follow Pyramid Rock Road straight over Ventnor Beach Road and Back Beach Road and on to the car park at Pyramid. There are boardwalks and good walking tracks to be explored. Return back to Back Beach Road. Turn right to the Race Track or Smiths Beach for coffee. To return to A MAZE'N THINGS from Smiths Beach Store. Right into Marlin Street. Left into Dolphin Street. Left onto the bike path or Phillip Island Tourist Road. From the Race Track. Right on Back Beach Road. Left onto Phillip Island Tourist Road.
- 14 Rhyll Wetlands tour – Off road bike – Approx. distance 20 kms**  
Turn left onto the bike path. Right into Harbison Road. Left on path through Oswin Roberts Reserve. Cross the Cowes-Rhyll Road. Follow the wetlands track into Rhyll and onto Beach Street. Follow it right around. Turn right into Walton Street. Cross over Lock Road. Left into Reid Street again. Cross over the Cowes-Rhyll Road onto the Rhyll-Newhaven Road. At Phillip Island Tourist Road turn right onto the bike path and return to A MAZE'N THINGS for coffee.
- 15 Nobbies/Penguins – Road or off road bike – Approx. Distance 30 kms**  
Turn right and follow bike path to Back Beach Road, turning right. Follow Back Beach to the Nobbies for coffee. Follow the coastal track from the Nobbies Complex to the Penguin Parade. This is a gravel track that can be negotiated by most bikes if care is taken. The views are worth the effort. Return to A MAZE'N THINGS by the outward route in reverse.
- 16 Seven seas – Road bike – Approx. distance 80 kms**  
This ride will probably take the best part of a day to complete if you stop for coffee and lunch. It involves places mentioned in previous rides. These areas are – Sunderland Bay on Sunderland Bay Road, Woolamai Beach, Newhaven, Rhyll, Cowes, Grossard Point at Ventnor and the Nobbies. Contact us for any further information.

- 17 Central Island Circuit – Road bike – Approx. distance 25 kms**  
Left on the bike path or Phillip Island Road. Left onto Gap Road. Right onto Back Beach Road. Right onto Kitty Miller Bay road. Right on Ventnor Road. Coffee at the Ventnor café you will come to on your right. Just before Ventnor Beach Road. After coffee right into Ventnor Beach Road. Right at Gap Road. Left at Back Beach Road. Left at Phillip Island Tourist Road or onto bike path back to A MAZE'N THINGS. If Ventnor café is closed, try the Smiths Beach store off Back Beach Road.
- 18 Oswin Roberts Reserve – Off Road bike – Approx. distance 20 kms**  
Left onto bike path. Right into Harbison Road. Left at the reserve Entrance. Ride through the reserve until you arrive at the Cowes-Rhyll Road. Turn left and follow Cowes-Rhyll Road to Coghlan Road. Turn right. At the end of Coghlan Rd do a circuit of Shearwater Estate and Silverleaves. Then proceed to Cowes for coffee.  
Return to A MAZE'N THINGS on the bike path.